



Travel Deeper Inc.

FIBROID AWARENESS CAMPAIGN

“A JOURNEY TO WOMB WEALTH”

Join us as we travel internally, starting with the Womb. Travel Deeper presents “A Journey to Womb Wealth,” a year-long initiative focusing on Fibroid Awareness and Healing. We are inviting Black women globally to travel internally with us as we embark on a journey of education, inspiration, and healing.

#MYWOMBWEALTHACTION

Learn more at <https://bit.ly/journeytowombwealth>



TRAVEL DEEPER INC.
DISCOVER AFRICA. WEAR AFRICA. CONNECT AFRICA.





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OUR GOALS

- **Increase awareness** about Fibroids and womb wellness through story telling
- **Promote** early detection as a systemic solution to increase global awareness amongst health institutions/policy makers
- **Increase** the number of fibroid screenings amongst Black women
- **Inform and educate** women on how to better advocate for themselves in medical settings
- **Share** resources that promote holistic healing

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Black women are two to three times more likely to develop fibroids than women of other races and ethnicities.

Michigan Medicine, University of Michigan, 2020




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Black women are more likely to have multiple fibroids or larger-sized fibroids compared to women of other ethnic backgrounds.

Michigan Medicine, University of Michigan, 2020




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Black women often face delays in fibroid diagnosis and treatment, leading to a higher likelihood of more advanced stages of fibroids.

National Library of Medicine, 2015




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Due to fibroids, Black women are more likely to experience pregnancy loss, preterm birth, and cesarean deliveries.

National Library of Medicine, 2015




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The severity of fibroid symptoms, such as heavy menstrual bleeding, pelvic pain, and pressure, is often higher in Black women.

National Library of Medicine, 2013




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A CALL TO ACTION

- Advocate for fibroid screening at your next OBGYN/healthcare provider check-up. Share your story with the hashtag **#MyWombWealthAction**
- Post your fibroid story and the steps you took to find solutions with the hashtag **#MyWombWealthAction**

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Travel Deeper Inc. is not just about vacation. Yes, that is important. And in the spirit of pan-Africanism, the idea that people of African descent have common interests and should be unified, we support and help connect people around common issues and causes through partnership and cultural diplomacy. In this instance, we are talking about connecting Black women worldwide.

-KISHA BIRD, FOUNDER

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